



CELL GROUP MATERIAL

22 MARCH 2026

22 MAR SERMON

Hineni:

Availability over Ability

BROTHER HENG WAI KEONG

Icebreaker

Question: Share about a time when you said "yes" to something before knowing all the details. How did that experience turn out? What did you learn?

Key Scripture References

- Genesis 22:1 (Abraham's response)
 - Exodus 3:4 (Moses at the burning bush)
 - Isaiah 6:8 (Isaiah's volunteer response)
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Sermon Recap (5 minutes)

The Hebrew word "Hineni" (here I am) appears over 180 times in the Old Testament. It represents more than physical presence—it's a posture of complete surrender, availability, and readiness to respond to God before knowing what He will ask. Biblical giants like Abraham, Moses, and Isaiah lived by "Hineni" rather than "If you..., then I...."

Discussion Questions

Section 1: Understanding Hineni

1. Brother Wai defined Hineni as "God, I am fully present, available, and ready to respond." How does this differ from how you typically approach God with requests or decisions?
2. The sermon mentioned that most of us live by the "If you, then I" rule. Can you identify areas in your life where you've been bargaining with God rather than surrendering?
3. Read Isaiah 6:1-8. What strikes you most about Isaiah's response? Why do you think God asked "Whom shall I send?" rather than calling Isaiah by name directly?

Section 2: The Grammar of Surrender

4. "Posture over Position" - The sermon stated that "God isn't looking for the most qualified in the room. He's looking for the most available heart." How does this challenge or encourage you?
5. "Faith is not the absence of fear. It is the presence of obedience in spite of your fear." Share about a time when you had to obey God despite being afraid. What happened?
6. Brother Wai used the illustration of signing a blank check and handing the pen to God. What makes this so difficult? What would need to change in your heart to do this?
7. "God moves after the response." The sermon said, "We often wait for a clear sign to move, but God often waits for a clear heart to speak." What "clutter" might be preventing your heart from being clear before God?

Section 3: The Courage of the Unqualified

8. Abraham was old, Moses had a stutter, and Isaiah felt unclean—yet God used them all. What feelings of disqualification have kept you from saying "yes" to God?
9. The sermon compared our hearts to a GPS system: "You don't have to be at the destination to turn it on. You just have to be willing to start where you are." Where is God asking you to "turn on the GPS" and start moving?
10. "Revelation follows availability." Brother Wai said, "God does not explain a 10-year plan to people who won't give Him the next 10 minutes." How does this shift your perspective on seeking God's will?

Section 4: Tuning to Heaven's Frequency

11. The sermon used the analogy of radio frequency and being "tuned to the frequency of heaven." What practical steps can help us stay tuned in to God's voice amid life's noise?
12. "Your most powerful prayer isn't your longest. It is your most available." How does this simplify your approach to prayer? What would it look like to pray "Hineni" this week?

Key Takeaways

- ✓ **Hineni is a posture, not a position** - God wants our availability more than our ability
- ✓ **Surrender precedes revelation** - The "yes" comes before the miracle, not after
- ✓ **God specializes in the ordinary** - He uses unqualified people who refuse to say "no"
- ✓ **Obedience doesn't require the absence of fear** - It requires action despite the fear
- ✓ **God calls us by name** - We're not user IDs or numbers; He knows us intimately

Practical Applications

The Isaiah Challenge (This Week)

Instead of asking God for a plan, pray one simple word: "Hineni"

Choose one of these three focus areas for your Hineni prayer:

1. From Plan to Presence

- Prayer: "Lord, I stop asking where and start saying here. I give you my availability before I see my assignment."
- Action: Identify one area where you've been waiting for clarity. Take one small step of obedience this week.

2. From Guilt to Grace

- Prayer: "Lord, I believe your call has touched my life. I am not defined by my failures, but by your call."
- Action: Write down one past failure or disqualification you've been holding onto. Symbolically release it to God (burn the paper, tear it up, etc.).

3. From Spectator to Servanthood

- Prayer: "Lord, I'm listening to your whisper. Use my ordinary hands for your extraordinary work. Hineni, Lord, send me."
- Action: Volunteer for one ministry or service opportunity you've been hesitating about. Say "yes" before you feel ready.

Daily Practice

- **Morning:** Start each day with "Hineni, Lord" before checking your phone
- **Throughout the day:** When you sense God prompting you, respond with "Here I am, Lord"
- **Evening:** Reflect on moments you heard God's voice and how you responded

Accountability & Prayer

Pair up or form groups of 3:

1. Share one specific area where God is calling you to say "Hineni" this week
2. What is your biggest obstacle to responding with availability?
3. Pray for each other using the three focus prayers above

Closing Prayer: Invite each person to pray "Hineni" aloud, offering their availability to God. Close with a leader praying for the group to have clear hearts tuned to heaven's frequency.

For Further Reflection

Journal Prompts:

- What would my life look like if I lived with a "Hineni heart" for the next 30 days?
- What am I afraid God might ask if I say "yes" without conditions?
- Where have I seen God move after I responded in availability rather than ability?

Scripture Study: Read the full accounts of Abraham (Genesis 22), Moses (Exodus 3-4), and Isaiah (Isaiah 6) this week. Notice the pattern of God's call, human response, and divine provision.

