



CELL GROUP MATERIAL

7 JUNE 2026

7 JUNE SERMON

# HEZEKIAH'S AMEN: LOUDER THAN THE ASSYRIAN ARMY

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**Ice Breaker Question:** Share a time when fear or worry felt overwhelming—like a "megaphone" drowning out everything else. How did you handle it?

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### Key Scripture Passages

- **2 Kings 18:28-37** - The Assyrian Intimidation
- **2 Kings 19:14-19** - Hezekiah's Prayer
- **2 Kings 19:35-37** - God's Deliverance
- **2 Kings 20:1-6** - Hezekiah's Healing

### Key Takeaways from the Sermon

#### 1. The Enemy's Strategy is Intimidation

The enemy uses psychological warfare to make problems appear larger than God's power. Like the Assyrians shouting threats at Jerusalem's walls, fear tries to control the "soundtrack of your life."

#### 2. The Posture of Power: Spreading It Before the Lord

Hezekiah didn't hide the threatening letter—he took it to the temple and spread it out before God. Prayer isn't pretending everything is fine; it's exposing your messy reality to God's absolute sovereignty.

#### 3. The Power of "Amen"

Hezekiah's quiet "amen" (agreement with God's sovereignty) was louder than 185,000 Assyrian soldiers. One angel defeated the entire army while Jerusalem slept. God's math doesn't work like ours: 1 > 185,000.

#### 4. Daily Dependence on God

As Deuteronomy 33:25 says, "As your days, so shall your strength be." God gives grace daily, not in bulk. We must maintain daily dependence rather than seeking "seven days of petrol."

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### Discussion Questions

#### Understanding the Message

1. **What stood out to you most from this sermon? Why?**

2. The sermon mentioned "the elephant syndrome"—how past limitations keep us trapped even when we've grown stronger. Can you identify an "elephant syndrome" in your own life where past failures are louder than your current strength in God?
3. Read 2 Kings 19:14-19. What specific elements of Hezekiah's prayer can we learn from?

- He acknowledged God's supremacy first
- He was honest about the reality of his situation
- He appealed to God's reputation and glory
- He ended with trust ("Amen")

### Going Deeper

4. The sermon described prayer as "exposing your messy reality to the absolute sovereignty of God." How does this definition challenge or change your understanding of prayer?
5. Why do you think Hezekiah physically spread the threatening letter before the Lord rather than just praying about it? What's the significance of this action?
6. The "worry dump" exercise asks us to write down our fears to give them "finite boundaries." How does putting worries on paper with edges help us see them differently than when they're swirling in our minds?
7. The sermon emphasized that "the loudest voice in your life right now is rarely the most powerful." What's the loudest voice in your life currently? What would it look like to make God's voice louder?

### Personal Application

8. Share (as comfortable): What did you write on your paper during the "worry dump" exercise? How did it feel to symbolically lay it before the Lord?
9. Hezekiah later faced a terminal illness and again brought his need to God (2 Kings 20:1-6). God reversed the sundial and extended his life 15 years. What does this teach us about persistent prayer, even after previous victories?
10. The sermon mentioned that God's grace falls daily like manna—we can't stockpile it. What would "daily dependence" on God look like practically in your life this week?
11. The message said: "Stop trusting men and the things of men. Start trusting the Heavenly Father." Where in your life are you tempted to rely on human solutions rather than waiting on God?

### Practical Applications

## **This Week's Challenge: Choose One or More**

### **Option 1: The Daily Amen Practice**

- Each morning this week, start your day by declaring "Amen" to God's sovereignty over your life before you check your phone or engage with the day's demands.
- Write down: "God, I say 'amen' to Your will, Your way, Your power over [specific situation]."

### **Option 2: The Spread-It-Out Prayer**

- Take one significant worry or problem you're facing
- Write it down on paper (giving it boundaries)
- Find a quiet place and physically lay it before God (on your bed, altar, table)
- Pray Hezekiah's prayer pattern:

1. Acknowledge God's supremacy
2. Be honest about your situation
3. Ask God to act for His glory
4. End with "Amen" (So be it, Lord)

### **Option 3: Silence the Megaphone**

- Identify the "megaphone" in your life (fear, anxiety, past failure, financial stress, etc.)
- Create a "counter-soundtrack" by writing out 3-5 Bible promises that speak truth to your situation
- Read them aloud daily, letting God's voice become louder than the problem

### **Option 4: The Elephant Syndrome Breakthrough**

- Identify one area where past limitations are holding you back from what God wants to do now
- Share this with a trusted friend or accountability partner
- Pray together for breakthrough and freedom from that old belief

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## Memory Verse

### Deuteronomy 33:25

*"As your days, so shall your strength be."*

### Alternative:

#### Psalm 27:1

*"The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid?"*

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## Prayer Focus

### Group Prayer Time

1. **Praise:** Thank God that He is sovereign and His math doesn't work like ours (1 angel > 185,000 soldiers)
2. **Confession:** Confess areas where we've allowed fear's megaphone to drown out God's voice
3. **Intercession:** Pray for each person's specific "threatening letter"—the situation they're facing that feels overwhelming
4. **Declaration:** Take turns declaring "Amen" over each other's situations, agreeing with God's power and sovereignty

## Closing Prayer

*"Father God, we thank You that our 'amen' united with Your sovereignty is louder than any army standing against us. Help us to daily spread our worries before You, to give them finite boundaries, and to send them to the divine destination of Your throne. We choose to trust You with our messy reality. We say 'amen' to Your will, Your way, Your power. In Jesus' name, Amen."*

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*"Because Hezekiah's amen was louder than the Assyrian army."*